



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Steffan, Torsten

Club: SV 1916 Beuna

Number: 1079

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 58:51

Speed: 9.18 km/h

Running performance: 6:02 min/km

Rank in course/Total: 251 (of 326)

Rank in course/Men: 104 (of 246)

Best time in course: 34:12

Rank in category: 16(of 46)

Best time in the category: 39:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:19	5:38	31	6:07	205	7:16	3.25	18:19	5:38	31	6:07	205	7:16
Lap 2	3.25	20:12	6:12	31	6:50	215	8:35	6.50	38:31	5:55	31	12:57	209	15:50
Last lap Finish	3.25	20:20	6:15	31	6:35	207	8:51	9.75	58:51	6:02	31	19:32	207	24:39