



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Kunz, Robert

Club: alexs little running club

Number: 1064

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 59:07

Speed: 9.13 km/h

Running performance: 6:04 min/km

Rank in course/Total: 255 (of 326)

Rank in course/Men: 106 (of 246)

Best time in course: 34:12

Rank in category: 18(of 42)

Best time in the category: 38:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	17:39	5:25	31	5:37	185	6:36	3.25	17:39	5:25	31	5:37	185	6:36
Lap 2	3.25	19:50	6:06	33	6:41	199	8:13	6.50	37:29	5:46	31	12:18	195	14:48
Last lap Finish	3.25	21:38	6:39	41	8:29	229	10:09	9.75	59:07	6:03	35	20:47	211	24:55