



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Güntzel, Wieland

Club: Themar

Number: 1098

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 59:26

Speed: 9.09 km/h

Running performance: 6:06 min/km

Rank in course/Total: 259 (of 326)

Rank in course/Men: 108 (of 246)

Best time in course: 34:12

Rank in category: 12(of 26)

Best time in the category: 44:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	19:08	5:53	23	5:31	223	8:05	3.25	19:08	5:53	23	5:31	223	8:05
Lap 2	3.25	20:00	6:09	23	4:34	209	8:23	6.50	39:08	6:01	23	10:05	217	16:27
Last lap Finish	3.25	20:18	6:14	21	4:37	205	8:49	9.75	59:26	6:05	23	14:42	215	25:14