



# 9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

## Detailed evaluation

**Leder, Stefan**

Club: TuS St. Sebastian AH

Number: 1050

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 59:29

Speed: 9.08 km/h

Running performance: 6:06 min/km

Rank in course/Total: 261 (of 326)

Rank in course/Men: 109 (of 246)

Best time in course: 34:12

Rank in category: 20(of 42)

Best time in the category: 38:20

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Lap 1           | 3.25        | 17:38         | 5:25            | 29          | 5:36           | 183         | 6:35          | 3.25          | 17:38         | 5:25            | 29          | 5:36           | 183        | 6:35          |
| Lap 2           | 3.25        | 20:20         | 6:15            | 39          | 7:11           | 219         | 8:43          | 6.50          | 37:58         | 5:50            | 35          | 12:47          | 205        | 15:17         |
| Last lap Finish | 3.25        | 21:31         | 6:37            | 39          | 8:22           | 225         | 10:02         | 9.75          | 59:29         | 6:06            | 39          | 21:09          | 217        | 25:17         |