



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Braun, Dorothee

Club: Schlimmer geht immer MGN

Number: 1159

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 1:00:27

Speed: 8.93 km/h

Running performance: 6:12 min/km

Rank in course/Total: 267 (of 326)

Rank in course/Women: 24 (of 80)

Best time in course: 38:41

Rank in category: 2(of 8)

Best time in the category: 57:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:51	5:48	3	0:53	45	6:34	3.25	18:51	5:48	3	0:53	45	6:34
Lap 2	3.25	20:45	6:23	3	0:59	47	7:33	6.50	39:36	6:05	3	1:52	45	14:07
Last lap Finish	3.25	20:51	6:24	3	1:25	49	7:39	9.75	1:00:27	6:12	3	3:17	47	21:46