



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Rische, Jeannette

Club: Rennsteiglaufverein

Number: 1170

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:01:23

Speed: 9.53 km/h

Running performance: 6:18 min/km

Rank in course/Total: 271 (of 326)

Rank in course/Women: 25 (of 80)

Best time in course: 38:41

Rank in category: 7(of 22)

Best time in the category: 38:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:57	5:49	15	6:40	49	6:40	3.25	18:57	5:49	15	6:40	49	6:40
Lap 2	3.25	21:02	6:28	15	7:50	51	7:50	6.50	39:59	6:09	13	14:30	49	14:30
Last lap Finish	3.25	21:24	6:35	13	8:12	51	8:12	9.75	1:01:23	6:17	13	22:42	49	22:42