



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Schlottag, Nicole

Club: MSV Eintracht Halberstadt

Number: 1139

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:02:56

Speed: 8.58 km/h

Running performance: 6:27 min/km

Rank in course/Total: 281 (of 326)

Rank in course/Women: 28 (of 80)

Best time in course: 38:41

Rank in category: 9(of 22)

Best time in the category: 38:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:53	5:48	13	6:36	47	6:36	3.25	18:53	5:48	13	6:36	47	6:36
Lap 2	3.25	22:06	6:48	19	8:54	63	8:54	6.50	40:59	6:18	17	15:30	53	15:30
Last lap Finish	3.25	21:57	6:45	17	8:45	59	8:45	9.75	1:02:56	6:27	17	24:15	55	24:15