



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Croon, Christiane

Club: ifi-aner

Number: 1160

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 1:05:07

Speed: 8.29 km/h

Running performance: 6:41 min/km

Rank in course/Total: 299 (of 326)

Rank in course/Women: 32 (of 80)

Best time in course: 38:41

Rank in category: 3(of 8)

Best time in the category: 57:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	21:25	6:35	5	3:27	73	9:08	3.25	21:25	6:35	5	3:27	73	9:08
Lap 2	3.25	22:14	6:50	5	2:28	67	9:02	6.50	43:39	6:42	5	5:55	69	18:10
Last lap Finish	3.25	21:28	6:36	5	2:02	53	8:16	9.75	1:05:07	6:40	5	7:57	63	26:26