



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Vinzent, Jutta

Club: Vintastic

Number: 1173

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:05:55

Speed: 8.19 km/h

Running performance: 6:46 min/km

Rank in course/Total: 305 (of 326)

Rank in course/Women: 33 (of 80)

Best time in course: 38:41

Rank in category: 5(of 12)

Best time in the category: 54:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	21:08	6:30	11	3:22	69	8:51	3.25	21:08	6:30	11	3:22	69	8:51
Lap 2	3.25	22:25	6:53	9	3:42	69	9:13	6.50	43:33	6:41	9	6:36	67	18:04
Last lap Finish	3.25	22:22	6:52	9	4:49	63	9:10	9.75	1:05:55	6:45	9	10:58	65	27:14