



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Gerlach, Detlef

Club: Eisenach

Number: 1172

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:06:55

Speed: 8.07 km/h

Running performance: 6:52 min/km

Rank in course/Total: 307 (of 326)

Rank in course/Men: 121 (of 246)

Best time in course: 34:12

Rank in category: 13(of 26)

Best time in the category: 44:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:05	6:10	25	6:28	231	9:02	3.25	20:05	6:10	25	6:28	231	9:02
Lap 2	3.25	23:01	7:04	25	7:35	241	11:24	6.50	43:06	6:37	25	14:03	237	20:25
Last lap Finish	3.25	23:49	7:19	25	8:08	239	12:20	9.75	1:06:55	6:51	25	22:11	241	32:43