



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Tänzer, Antje

Club: SV 06 Oetinghausen

Number: 1124

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:08:42

Speed: 7.86 km/h

Running performance: 7:03 min/km

Rank in course/Total: 311 (of 326)

Rank in course/Women: 35 (of 80)

Best time in course: 38:41

Rank in category: 8(of 18)

Best time in the category: 46:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	21:54	6:44	17	7:25	75	9:37	3.25	21:54	6:44	17	7:25	75	9:37
Lap 2	3.25	24:07	7:25	17	8:14	73	10:55	6.50	46:01	7:04	17	15:32	73	20:32
Last lap Finish	3.25	22:41	6:58	15	7:03	67	9:29	9.75	1:08:42	7:02	15	22:04	69	30:01