



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Melcher, Susanne

Club: Catch us if you can
Number: 1132

Course: 9.75 km
10 km Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:09:24

Speed: 7.78 km/h
Running performance: 7:07 min/km

Rank in course/Total: 313 (of 326)

Rank in course/Women: 36 (of 80)

Best time in course: 38:41

Rank in category: 10(of 22)

Best time in the category: 38:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:58	6:27	19	8:41	63	8:41	3.25	20:58	6:27	19	8:41	63	8:41
Lap 2	3.25	21:44	6:41	17	8:32	57	8:32	6.50	42:42	6:34	19	17:13	63	17:13
Last lap Finish	3.25	26:42	8:12	21	13:30	77	13:30	9.75	1:09:24	7:07	19	30:43	71	30:43