



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Elsner, Anne Marie

Club: FC St. Pauli

Number: 1161

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 1:10:35

Speed: 7.65 km/h

Running performance: 7:14 min/km

Rank in course/Total: 317 (of 326)

Rank in course/Women: 38 (of 80)

Best time in course: 38:41

Rank in category: 4(of 8)

Best time in the category: 57:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	22:13	6:50	7	4:15	77	9:56	3.25	22:13	6:50	7	4:15	77	9:56
Lap 2	3.25	24:25	7:30	7	4:39	75	11:13	6.50	46:38	7:10	7	8:54	75	21:09
Last lap Finish	3.25	23:57	7:22	7	4:31	73	10:45	9.75	1:10:35	7:14	7	13:25	75	31:54