



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Kohler, Ralf

Total time: 1:12:23

Number: 1184

Speed: 7.46 km/h

Running performance: 7:25 min/km

Course: 9.75 km

Rank in course/Total: 323 (of 326)

10 km Lauf

Rank in course/Men: 123 (of 246)

Best time in course: 34:12

Category:

Rank in category: 20(of 40)

Senioren M40 (40-44 Jahre)

Best time in the category: 34:12

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 22:12 | 6:49 | 39 | 11:09 | 243 | 11:09 | 3.25 | 22:12 | 6:49 | 39 | 11:09 | 243 | 11:09 |
| Lap 2 | 3.25 | 24:54 | 7:39 | 39 | 13:16 | 245 | 13:17 | 6.50 | 47:06 | 7:14 | 39 | 24:25 | 245 | 24:25 |
| Last lap Finish | 3.25 | 25:17 | 7:46 | 39 | 13:46 | 245 | 13:48 | 9.75 | 1:12:23 | 7:25 | 39 | 38:11 | 245 | 38:11 |