



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Elsner, Lydia

Club: Wernesgrüner Mädels

Number: 1164

Course: 9.75 km

10 km Lauf

Category:

Frauen (20-29 Jahre)

Total time: 1:18:36

Speed: 6.87 km/h

Running performance: 8:04 min/km

Rank in course/Total: 325 (of 326)

Rank in course/Women: 40 (of 80)

Best time in course: 38:41

Rank in category: 1(of 2)

Best time in the category: 1:18:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	26:45	8:13	1	-	79	14:28	3.25	26:45	8:13	1	-	79	14:28
Lap 2	3.25	26:49	8:15	1	-	79	13:37	6.50	53:34	8:14	1	-	79	28:05
Last lap Finish	3.25	25:02	7:42	1	-	75	11:50	9.75	1:18:36	8:03	1	-	79	39:55