



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Riesner, Stefan

Club: Reservisten Wildflecken

Number: 1058

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 41:19

Speed: 13.07 km/h

Running performance: 4:14 min/km

Rank in course/Total: 35 (of 326)

Rank in course/Men: 17 (of 246)

Best time in course: 34:12

Rank in category: 3(of 42)

Best time in the category: 38:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:50	3:56	7	0:48	27	1:47	3.25	12:50	3:56	7	0:48	27	1:47
Lap 2	3.25	14:18	4:24	7	1:09	35	2:41	6.50	27:08	4:10	7	1:57	31	4:27
Last lap Finish	3.25	14:11	4:21	5	1:02	31	2:42	9.75	41:19	4:14	5	2:59	33	7:07