



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Riesner, Stefan

Club: Reservisten Wildflecken

Number: 1058

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 41:19

Speed: 13.07 km/h

Running performance: 4:14 min/km

Rank in course/Total: 35 (of 326)

Rank in course/Men: 17 (of 246)

Best time in course: 34:12

Rank in category: 3(of 42)

Best time in the category: 38:20

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 12:50 | 3:56 | 7 | 0:48 | 27 | 1:47 | 3.25 | 12:50 | 3:56 | 7 | 0:48 | 27 | 1:47 |
| Lap 2 | 3.25 | 14:18 | 4:24 | 7 | 1:09 | 35 | 2:41 | 6.50 | 27:08 | 4:10 | 7 | 1:57 | 31 | 4:27 |
| Last lap Finish | 3.25 | 14:11 | 4:21 | 5 | 1:02 | 31 | 2:42 | 9.75 | 41:19 | 4:14 | 5 | 2:59 | 33 | 7:07 |