



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Röschke, Dirk

Club: HörselbergRunners

Number: 357

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:41:44

Speed: 13.42 km/h

Running performance: 4:28 min/km

Rank in course/Total: 25 (of 380)

Rank in course/Men: 12 (of 294)

Best time in course: 1:32:06

Rank in category: 1(of 46)

Best time in the category: 1:41:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:46	4:14	3	0:20	21	1:36	3.25	13:46	4:14	3	0:20	21	1:36
Lap 2	3.25	13:47	4:14	3	0:19	25	3:00	6.50	27:33	4:14	3	0:39	23	2:45
Lap 3	3.25	14:33	4:28	3	0:02	25	1:19	9.75	42:06	4:19	3	0:41	25	3:56
Lap 4	3.25	14:40	4:30	1	-	27	1:24	13.00	56:46	4:21	3	0:09	25	5:07
Lap 5	3.25	14:45	4:32	1	-	25	1:18	16.25	1:11:31	4:24	1	-	21	6:05
Lap 6	3.25	15:15	4:41	1	-	29	1:59	19.50	1:26:46	4:26	1	-	23	7:51
Last lap Finish	3.25	14:58	4:36	1	-	29	2:53	22.75	1:41:44	4:28	1	-	23	9:38