



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Jäger, Heinz-Peter

Club: Waldfisch

Number: 229

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:42:36

Speed: 12.87 km/h

Running performance: 4:31 min/km

Rank in course/Total: 27 (of 380)

Rank in course/Men: 13 (of 294)

Best time in course: 1:32:06

Rank in category: 2(of 46)

Best time in the category: 1:41:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Lap 1	3.25	13:26	4:08	1	-	19	1:16	3.25	13:26	4:08	1	-	19	1:16
Lap 2	3.25	13:28	4:08	1	-	23	2:41	6.50	26:54	4:08	1	-	19	2:06
Lap 3	3.25	14:31	4:28	1	-	23	1:17	9.75	41:25	4:14	1	-	19	3:15
Lap 4	3.25	15:12	4:40	5	0:32	41	1:56	13.00	56:37	4:21	1	-	23	4:58
Lap 5	3.25	15:16	4:41	5	0:31	35	1:49	16.25	1:11:53	4:25	3	0:22	25	6:27
Lap 6	3.25	15:38	4:48	7	0:23	45	2:22	19.50	1:27:31	4:29	3	0:45	25	8:36
Last lap Finish	3.25	15:05	4:38	3	0:07	33	3:00	22.75	1:42:36	4:30	3	0:52	25	10:30