



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Kühn, Marcel

Club: SG Bodenrode / Westhausen

Number: 218

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:44:23

Speed: 12.65 km/h

Running performance: 4:35 min/km

Rank in course/Total: 37 (of 380)

Rank in course/Men: 18 (of 294)

Best time in course: 1:32:06

Rank in category: 3(of 32)

Best time in the category: 1:32:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:38	4:48	11	2:45	83	3:28	3.25	15:38	4:48	11	2:45	83	3:28
Lap 2	3.25	15:29	4:45	13	3:03	69	4:42	6.50	31:07	4:47	13	5:48	75	6:19
Lap 3	3.25	14:34	4:28	5	1:10	27	1:20	9.75	45:41	4:41	7	6:58	53	7:31
Lap 4	3.25	14:30	4:27	5	1:14	21	1:14	13.00	1:00:11	4:37	5	8:12	43	8:32
Lap 5	3.25	15:02	4:37	5	1:35	27	1:35	16.25	1:15:13	4:37	5	9:44	39	9:47
Lap 6	3.25	14:54	4:35	5	1:28	25	1:38	19.50	1:30:07	4:37	5	11:12	39	11:12
Last lap Finish	3.25	14:16	4:23	5	1:05	19	2:11	22.75	1:44:23	4:35	5	12:17	35	12:17