



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Schön, Mario

Club: TSV-Heiligenrode Skiabteilung

Number: 1052

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 41:31

Speed: 13.01 km/h

Running performance: 4:16 min/km

Rank in course/Total: 37 (of 326)

Rank in course/Men: 18 (of 246)

Best time in course: 34:12

Rank in category: 4(of 42)

Best time in the category: 38:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	13:13	4:03	9	1:11	35	2:10	3.25	13:13	4:03	9	1:11	35	2:10
Lap 2	3.25	14:10	4:21	3	1:01	29	2:33	6.50	27:23	4:12	9	2:12	39	4:42
Last lap Finish	3.25	14:08	4:20	3	0:59	29	2:39	9.75	41:31	4:15	7	3:11	35	7:19