



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Hein, Kerstin

Club: Sportshop-Triathlon Team

Number: 264

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:50:05

Speed: 11.99 km/h

Running performance: 4:50 min/km

Rank in course/Total: 61 (of 380)

Rank in course/Women: 3 (of 86)

Best time in course: 1:41:23

Rank in category: 1(of 10)

Best time in the category: 1:50:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	14:50	4:33	1	-	1	-	3.25	14:50	4:33	1	-	1	-
Lap 2	3.25	15:18	4:42	1	-	5	2:30	6.50	30:08	4:38	1	-	3	2:20
Lap 3	3.25	15:33	4:47	1	-	5	1:05	9.75	45:41	4:41	1	-	3	3:25
Lap 4	3.25	15:47	4:51	1	-	5	1:08	13.00	1:01:28	4:43	1	-	5	4:33
Lap 5	3.25	16:07	4:57	1	-	5	1:22	16.25	1:17:35	4:46	1	-	5	5:55
Lap 6	3.25	16:10	4:58	1	-	5	1:17	19.50	1:33:45	4:48	1	-	5	7:12
Last lap Finish	3.25	16:20	5:01	1	-	7	1:30	22.75	1:50:05	4:50	1	-	5	8:42