



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Elster, Gerhard

Club: SV Gelnhausen

Number: 52

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:50:40

Speed: 11.93 km/h

Running performance: 4:52 min/km

Rank in course/Total: 65 (of 380)

Rank in course/Men: 30 (of 294)

Best time in course: 1:32:06

Rank in category: 5(of 46)

Best time in the category: 1:41:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:11	4:40	9	1:45	57	3:01	3.25	15:11	4:40	9	1:45	57	3:01
Lap 2	3.25	15:27	4:45	7	1:59	63	4:40	6.50	30:38	4:42	9	3:44	61	5:50
Lap 3	3.25	15:41	4:49	9	1:10	63	2:27	9.75	46:19	4:45	7	4:54	63	8:09
Lap 4	3.25	16:11	4:58	9	1:31	71	2:55	13.00	1:02:30	4:48	9	5:53	69	10:51
Lap 5	3.25	16:09	4:58	9	1:24	55	2:42	16.25	1:18:39	4:50	9	7:08	63	13:13
Lap 6	3.25	16:14	4:59	9	0:59	59	2:58	19.50	1:34:53	4:51	9	8:07	63	15:58
Last lap Finish	3.25	15:47	4:51	9	0:49	49	3:42	22.75	1:50:40	4:51	9	8:56	59	18:34