



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Elster, Gerhard

Club: SV Gelnhausen

Number: 52

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:50:40

Speed: 11.93 km/h

Running performance: 4:52 min/km

Rank in course/Total: 65 (of 380)

Rank in course/Men: 30 (of 294)

Best time in course: 1:32:06

Rank in category: 5(of 46)

Best time in the category: 1:41:44

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 15:11 | 4:40 | 9 | 1:45 | 57 | 3:01 | 3.25 | 15:11 | 4:40 | 9 | 1:45 | 57 | 3:01 |
| Lap 2 | 3.25 | 15:27 | 4:45 | 7 | 1:59 | 63 | 4:40 | 6.50 | 30:38 | 4:42 | 9 | 3:44 | 61 | 5:50 |
| Lap 3 | 3.25 | 15:41 | 4:49 | 9 | 1:10 | 63 | 2:27 | 9.75 | 46:19 | 4:45 | 7 | 4:54 | 63 | 8:09 |
| Lap 4 | 3.25 | 16:11 | 4:58 | 9 | 1:31 | 71 | 2:55 | 13.00 | 1:02:30 | 4:48 | 9 | 5:53 | 69 | 10:51 |
| Lap 5 | 3.25 | 16:09 | 4:58 | 9 | 1:24 | 55 | 2:42 | 16.25 | 1:18:39 | 4:50 | 9 | 7:08 | 63 | 13:13 |
| Lap 6 | 3.25 | 16:14 | 4:59 | 9 | 0:59 | 59 | 2:58 | 19.50 | 1:34:53 | 4:51 | 9 | 8:07 | 63 | 15:58 |
| Last lap Finish | 3.25 | 15:47 | 4:51 | 9 | 0:49 | 49 | 3:42 | 22.75 | 1:50:40 | 4:51 | 9 | 8:56 | 59 | 18:34 |