



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

STEFAN, Jörg

Club: Forchheim

Number: 346

Course: 22.75 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:51:48

Speed: 11.81 km/h

Running performance: 4:55 min/km

Rank in course/Total: 71 (of 380)

Rank in course/Men: 33 (of 294)

Best time in course: 1:32:06

Rank in category: 7(of 32)

Best time in the category: 1:32:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:56	4:54	19	3:03	103	3:46	3.25	15:56	4:54	19	3:03	103	3:46
Lap 2	3.25	16:02	4:56	17	3:36	91	5:15	6.50	31:58	4:55	19	6:39	107	7:10
Lap 3	3.25	16:21	5:01	15	2:57	89	3:07	9.75	48:19	4:57	17	9:36	99	10:09
Lap 4	3.25	15:51	4:52	9	2:35	61	2:35	13.00	1:04:10	4:56	15	12:11	79	12:31
Lap 5	3.25	16:12	4:59	11	2:45	61	2:45	16.25	1:20:22	4:56	15	14:53	79	14:56
Lap 6	3.25	16:09	4:58	9	2:43	55	2:53	19.50	1:36:31	4:56	15	17:36	69	17:36
Last lap Finish	3.25	15:17	4:42	9	2:06	37	3:12	22.75	1:51:48	4:54	13	19:42	65	19:42