



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Kammler, Ronald

Club: Klingser-SV

Number: 1061

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 41:45

Speed: 12.93 km/h

Running performance: 4:17 min/km

Rank in course/Total: 41 (of 326)

Rank in course/Men: 20 (of 246)

Best time in course: 34:12

Rank in category: 5(of 42)

Best time in the category: 38:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	12:37	3:52	5	0:35	23	1:34	3.25	12:37	3:52	5	0:35	23	1:34	
Lap 2	3.25	14:25	4:26	9	1:16	37	2:48	6.50	27:02	4:09	5	1:51	27	4:21	
Last lap Finish	3.25	14:43	4:31	9	1:34	47	3:14	9.75	41:45	4:16	9	3:25	39	7:33	