



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Bunzenthal, Thorsten

Club: LG Vellmar

Number: 319

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:54:04

Speed: 11.57 km/h

Running performance: 5:01 min/km

Rank in course/Total: 79 (of 380)

Rank in course/Men: 37 (of 294)

Best time in course: 1:32:06

Rank in category: 8(of 54)

Best time in the category: 1:43:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:58	4:54	21	1:51	107	3:48	3.25	15:58	4:54	21	1:51	107	3:48
Lap 2	3.25	15:55	4:53	19	1:48	87	5:08	6.50	31:53	4:54	19	3:39	101	7:05
Lap 3	3.25	16:25	5:03	19	1:49	93	3:11	9.75	48:18	4:57	19	5:23	97	10:08
Lap 4	3.25	16:06	4:57	17	1:15	67	2:50	13.00	1:04:24	4:57	17	6:38	87	12:45
Lap 5	3.25	16:33	5:05	17	1:19	73	3:06	16.25	1:20:57	4:58	17	7:50	83	15:31
Lap 6	3.25	16:41	5:08	17	1:41	69	3:25	19.50	1:37:38	5:00	17	9:18	79	18:43
Last lap Finish	3.25	16:26	5:03	13	1:48	69	4:21	22.75	1:54:04	5:00	15	10:21	73	21:58