



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Moser, Michal

Club: restless legs Gilead

Number: 318

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:55:12

Speed: 11.46 km/h

Running performance: 5:04 min/km

Rank in course/Total: 85 (of 380)

Rank in course/Men: 40 (of 294)

Best time in course: 1:32:06

Rank in category: 6(of 48)

Best time in the category: 1:32:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	15:21	4:43	7	2:28	69	3:11	3.25	15:21	4:43	7	2:28	69	3:11	
Lap 2	3.25	16:02	4:56	11	5:15	91	5:15	6.50	31:23	4:49	11	6:04	81	6:35	
Lap 3	3.25	16:31	5:04	11	3:07	97	3:17	9.75	47:54	4:54	11	9:11	87	9:44	
Lap 4	3.25	16:33	5:05	13	3:17	85	3:17	13.00	1:04:27	4:57	11	12:28	89	12:48	
Lap 5	3.25	16:43	5:08	11	3:13	87	3:16	16.25	1:21:10	4:59	11	15:41	85	15:44	
Lap 6	3.25	16:50	5:10	9	3:24	73	3:34	19.50	1:38:00	5:01	11	19:05	83	19:05	
Last lap Finish	3.25	17:12	5:17	19	3:52	101	5:07	22.75	1:55:12	5:03	11	22:57	79	23:06	