



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Kafka, Jens

Club: Moritzburger Triathlonverein e.V.
Number: 372

Course: 22.75 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:55:37

Speed: 11.42 km/h
Running performance: 5:05 min/km

Rank in course/Total: 89 (of 380)

Rank in course/Men: 42 (of 294)

Best time in course: 1:32:06

Rank in category: 8(of 46)

Best time in the category: 1:41:44

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:15	4:41	11	1:49	63	3:05	3.25	15:15	4:41	11	1:49	63	3:05
Lap 2	3.25	16:11	4:58	15	2:43	97	5:24	6.50	31:26	4:50	13	4:32	83	6:38
Lap 3	3.25	16:37	5:06	17	2:06	103	3:23	9.75	48:03	4:55	15	6:38	91	9:53
Lap 4	3.25	16:56	5:12	17	2:16	107	3:40	13.00	1:04:59	4:59	15	8:22	95	13:20
Lap 5	3.25	16:53	5:11	17	2:08	97	3:26	16.25	1:21:52	5:02	15	10:21	93	16:26
Lap 6	3.25	16:59	5:13	11	1:44	81	3:43	19.50	1:38:51	5:04	15	12:05	87	19:56
Last lap Finish	3.25	16:46	5:09	11	1:48	81	4:41	22.75	1:55:37	5:04	15	13:53	83	23:31