



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Ledig, Michael

Club: Sg Spergau

Number: 299

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:56:47

Speed: 11.30 km/h

Running performance: 5:08 min/km

Rank in course/Total: 91 (of 380)

Rank in course/Men: 43 (of 294)

Best time in course: 1:32:06

Rank in category: 8(of 46)

Best time in the category: 1:32:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	15:05	4:38	13	2:23	53	2:55	3.25	15:05	4:38	13	2:23	53	2:55
Lap 2	3.25	16:12	4:59	19	3:58	101	5:25	6.50	31:17	4:48	15	6:21	79	6:29
Lap 3	3.25	16:55	5:12	23	3:41	127	3:41	9.75	48:12	4:56	19	10:02	95	10:02
Lap 4	3.25	17:20	5:19	25	3:51	133	4:04	13.00	1:05:32	5:02	19	13:53	101	13:53
Lap 5	3.25	17:04	5:15	17	3:17	107	3:37	16.25	1:22:36	5:04	17	17:10	99	17:10
Lap 6	3.25	17:31	5:23	19	4:15	111	4:15	19.50	1:40:07	5:08	17	21:09	97	21:12
Last lap Finish	3.25	16:40	5:07	15	4:35	77	4:35	22.75	1:56:47	5:07	15	24:09	85	24:41