



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Pasewaldt, Steven

Club: VfB IMO Merseburg
Number: 286

Course: 22.75 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:57:10

Speed: 11.27 km/h
Running performance: 5:09 min/km

Rank in course/Total: 93 (of 380)

Rank in course/Men: 44 (of 294)

Best time in course: 1:32:06

Rank in category: 7(of 48)

Best time in the category: 1:32:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:44	4:50	15	2:51	93	3:34	3.25	15:44	4:50	15	2:51	93	3:34
Lap 2	3.25	16:19	5:01	15	5:32	111	5:32	6.50	32:03	4:55	15	6:44	109	7:15
Lap 3	3.25	16:45	5:09	15	3:21	111	3:31	9.75	48:48	5:00	15	10:05	109	10:38
Lap 4	3.25	16:30	5:04	9	3:14	79	3:14	13.00	1:05:18	5:01	13	13:19	99	13:39
Lap 5	3.25	17:09	5:16	13	3:39	111	3:42	16.25	1:22:27	5:04	13	16:58	95	17:01
Lap 6	3.25	17:35	5:24	19	4:09	117	4:19	19.50	1:40:02	5:07	13	21:07	95	21:07
Last lap Finish	3.25	17:08	5:16	17	3:48	91	5:03	22.75	1:57:10	5:09	13	24:55	87	25:04