



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Arand, Raimund

Club: DJK Arenshausen

Number: 219

Course: 22.75 km

Halbmarathon

Category:

Senioren M65 (65-69 Jahre)

Total time: 1:57:23

Speed: 11.25 km/h

Running performance: 5:10 min/km

Rank in course/Total: 97 (of 380)

Rank in course/Men: 46 (of 294)

Best time in course: 1:32:06

Rank in category: 1(of 8)

Best time in the category: 1:57:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:38	4:48	1	-	83	3:28	3.25	15:38	4:48	1	-	83	3:28
Lap 2	3.25	15:32	4:46	1	-	73	4:45	6.50	31:10	4:47	1	-	77	6:22
Lap 3	3.25	16:19	5:01	1	-	87	3:05	9.75	47:29	4:52	1	-	83	9:19
Lap 4	3.25	16:49	5:10	1	-	95	3:33	13.00	1:04:18	4:56	1	-	81	12:39
Lap 5	3.25	17:22	5:20	1	-	115	3:55	16.25	1:21:40	5:01	1	-	91	16:14
Lap 6	3.25	17:50	5:29	5	0:03	139	4:34	19.50	1:39:30	5:06	1	-	93	20:35
Last lap Finish	3.25	17:53	5:30	5	0:43	137	5:48	22.75	1:57:23	5:09	1	-	91	25:17