



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Graf, Thomas

Club: Siegen

Number: 379

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:57:48

Speed: 11.21 km/h

Running performance: 5:11 min/km

Rank in course/Total: 107 (of 380)

Rank in course/Men: 51 (of 294)

Best time in course: 1:32:06

Rank in category: 10(of 54)

Best time in the category: 1:43:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
						Pos Men	Behind Men	km	Time					
Lap 1	3.25	15:51	4:52	19	1:44	95	3:41	3.25	15:51	4:52	19	1:44	95	3:41
Lap 2	3.25	15:47	4:51	17	1:40	85	5:00	6.50	31:38	4:51	17	3:24	91	6:50
Lap 3	3.25	16:13	4:59	17	1:37	81	2:59	9.75	47:51	4:54	17	4:56	85	9:41
Lap 4	3.25	16:48	5:10	19	1:57	91	3:32	13.00	1:04:39	4:58	19	6:53	91	13:00
Lap 5	3.25	17:00	5:13	19	1:46	101	3:33	16.25	1:21:39	5:01	19	8:32	89	16:13
Lap 6	3.25	17:49	5:28	19	2:49	137	4:33	19.50	1:39:28	5:06	19	11:08	91	20:33
Last lap Finish	3.25	18:20	5:38	19	3:42	149	6:15	22.75	1:57:48	5:10	19	14:05	101	25:42