



# 9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

## Detailed evaluation

Schran, Holger

Club: Wölferbütt

Number: 1092

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 42:52

Speed: 12.60 km/h

Running performance: 4:24 min/km

Rank in course/Total: 45 (of 326)

Rank in course/Men: 22 (of 246)

Best time in course: 34:12

Rank in category: 3(of 46)

Best time in the category: 39:19

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:36	4:11	5	1:24	41	2:33	3.25	13:36	4:11	5	1:24	41	2:33
Lap 2	3.25	14:42	4:31	5	1:20	45	3:05	6.50	28:18	4:21	5	2:44	43	5:37
Last lap Finish	3.25	14:34	4:28	3	0:49	41	3:05	9.75	42:52	4:23	5	3:33	43	8:40