



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Kuester, Torsten

Club: SG Spergau

Number: 290

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:59:17

Speed: 11.07 km/h

Running performance: 5:14 min/km

Rank in course/Total: 125 (of 380)

Rank in course/Men: 60 (of 294)

Best time in course: 1:32:06

Rank in category: 11(of 54)

Best time in the category: 1:43:43

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	15:37	4:48	17	1:30	81	3:27	3.25	15:37	4:48	17	1:30	81	3:27
Lap 2	3.25	16:18	5:00	23	2:11	109	5:31	6.50	31:55	4:54	21	3:41	105	7:07
Lap 3	3.25	16:48	5:10	23	2:12	121	3:34	9.75	48:43	4:59	21	5:48	103	10:33
Lap 4	3.25	17:18	5:19	21	2:27	129	4:02	13.00	1:06:01	5:04	21	8:15	105	14:22
Lap 5	3.25	17:30	5:23	21	2:16	125	4:03	16.25	1:23:31	5:08	21	10:24	107	18:05
Lap 6	3.25	17:54	5:30	21	2:54	141	4:38	19.50	1:41:25	5:12	21	13:05	113	22:30
Last lap Finish	3.25	17:52	5:29	17	3:14	135	5:47	22.75	1:59:17	5:14	21	15:34	119	27:11