



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Hark, Andrea

Club: Pulheimer sc

Number: 321

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 2:00:51

Speed: 10.92 km/h

Running performance: 5:19 min/km

Rank in course/Total: 139 (of 380)

Rank in course/Women: 6 (of 86)

Best time in course: 1:41:23

Rank in category: 1(of 6)

Best time in the category: 2:00:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	15:13	4:40	1	-	5	0:23	3.25	15:13	4:40	1	-	5	0:23
Lap 2	3.25	16:33	5:05	1	-	11	3:45	6.50	31:46	4:53	1	-	9	3:58
Lap 3	3.25	17:09	5:16	1	-	11	2:41	9.75	48:55	5:01	1	-	11	6:39
Lap 4	3.25	17:32	5:23	1	-	17	2:53	13.00	1:06:27	5:06	1	-	11	9:32
Lap 5	3.25	17:56	5:31	1	-	21	3:11	16.25	1:24:23	5:11	1	-	11	12:43
Lap 6	3.25	18:09	5:35	1	-	19	3:16	19.50	1:42:32	5:15	1	-	11	15:59
Last lap Finish	3.25	18:19	5:38	1	-	27	3:29	22.75	2:00:51	5:18	1	-	11	19:28