



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Ehrhardt, Annette

Club: Stahnsdorf

Number: 301

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:02:48

Speed: 10.75 km/h

Running performance: 5:24 min/km

Rank in course/Total: 159 (of 380)

Rank in course/Women: 11 (of 86)

Best time in course: 1:41:23

Rank in category: 4(of 26)

Best time in the category: 2:00:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	17:42	5:26	9	1:41	33	2:52	3.25	17:42	5:26	9	1:41	33	2:52
Lap 2	3.25	16:50	5:10	3	0:08	15	4:02	6.50	34:32	5:18	7	1:35	25	6:44
Lap 3	3.25	17:12	5:17	1	-	13	2:44	9.75	51:44	5:18	7	1:31	21	9:28
Lap 4	3.25	17:34	5:24	7	0:04	21	2:55	13.00	1:09:18	5:19	7	1:35	21	12:23
Lap 5	3.25	17:34	5:24	1	-	7	2:49	16.25	1:26:52	5:20	7	1:21	21	15:12
Lap 6	3.25	17:57	5:31	3	0:19	13	3:04	19.50	1:44:49	5:22	7	1:40	21	18:16
Last lap Finish	3.25	17:59	5:31	5	1:06	19	3:09	22.75	2:02:48	5:23	7	2:32	21	21:25