



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Timm, Jana

Club: SV1885 Teutschenthal

Number: 289

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 2:03:03

Speed: 10.73 km/h

Running performance: 5:25 min/km

Rank in course/Total: 161 (of 380)

Rank in course/Women: 12 (of 86)

Best time in course: 1:41:23

Rank in category: 3(of 14)

Best time in the category: 1:48:57

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.25	15:43	4:50	3	0:15	9	0:53	3.25	15:43	4:50	3	0:15	9	0:53
Lap 2	3.25	17:14	5:18	3	2:01	21	4:26	6.50	32:57	5:04	3	2:16	13	5:09
Lap 3	3.25	17:32	5:23	3	2:26	25	3:04	9.75	50:29	5:10	3	4:42	17	8:13
Lap 4	3.25	17:52	5:29	3	2:25	27	3:13	13.00	1:08:21	5:15	3	7:07	17	11:26
Lap 5	3.25	18:07	5:34	3	2:35	25	3:22	16.25	1:26:28	5:19	3	9:42	19	14:48
Lap 6	3.25	18:17	5:37	3	2:19	21	3:24	19.50	1:44:45	5:22	3	12:01	19	18:12
Last lap Finish	3.25	18:18	5:37	7	2:31	25	3:28	22.75	2:03:03	5:24	5	14:06	23	21:40