



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Hammer, Steffen

Club: Riesa
Number: 345

Course: 22.75 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:05:21

Speed: 10.53 km/h
Running performance: 5:31 min/km

Rank in course/Total: 185 (of 380)

Rank in course/Men: 78 (of 294)

Best time in course: 1:32:06

Rank in category: 13(of 48)

Best time in the category: 1:32:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	16:11	4:58	17	3:18	113	4:01	3.25	16:11	4:58	17	3:18	113	4:01
Lap 2	3.25	16:54	5:11	25	6:07	141	6:07	6.50	33:05	5:05	19	7:46	119	8:17
Lap 3	3.25	17:26	5:21	23	4:02	155	4:12	9.75	50:31	5:10	23	11:48	133	12:21
Lap 4	3.25	17:50	5:29	27	4:34	159	4:34	13.00	1:08:21	5:15	25	16:22	133	16:42
Lap 5	3.25	18:42	5:45	33	5:12	193	5:15	16.25	1:27:03	5:21	25	21:34	151	21:37
Lap 6	3.25	19:01	5:51	33	5:35	183	5:45	19.50	1:46:04	5:26	23	27:09	151	27:09
Last lap Finish	3.25	19:17	5:56	37	5:57	183	7:12	22.75	2:05:21	5:30	25	33:06	155	33:15