



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Mertke, Timo

Club: Willingshausen

Number: 1017

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 43:48

Speed: 12.33 km/h

Running performance: 4:29 min/km

Rank in course/Total: 53 (of 326)

Rank in course/Men: 25 (of 246)

Best time in course: 34:12

Rank in category: 2(of 24)

Best time in the category: 39:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:47	4:14	7	1:06	55	2:44	3.25	13:47	4:14	7	1:06	55	2:44
Lap 2	3.25	15:04	4:38	5	1:37	53	3:27	6.50	28:51	4:26	5	2:43	53	6:10
Last lap Finish	3.25	14:57	4:35	5	1:28	53	3:28	9.75	43:48	4:29	3	4:11	49	9:36