



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Braun, Georg

Club: Schlimmer geht immer MGN
Number: 212

Course: 22.75 km
Halbmarathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:06:29

Speed: 10.44 km/h
Running performance: 5:34 min/km

Rank in course/Total: 205 (of 380)

Rank in course/Men: 87 (of 294)

Best time in course: 1:32:06

Rank in category: 7(of 32)

Best time in the category: 1:41:22

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:45	5:09	5	1:45	133	4:35	3.25	16:45	5:09	5	1:45	133	4:35
Lap 2	3.25	17:26	5:21	13	4:38	173	6:39	6.50	34:11	5:15	11	6:23	151	9:23
Lap 3	3.25	17:51	5:29	13	3:23	179	4:37	9.75	52:02	5:20	13	9:46	159	13:52
Lap 4	3.25	18:15	5:36	15	3:36	181	4:59	13.00	1:10:17	5:24	13	13:22	163	18:38
Lap 5	3.25	18:14	5:36	15	3:30	171	4:47	16.25	1:28:31	5:26	13	16:52	159	23:05
Lap 6	3.25	18:36	5:43	15	3:43	165	5:20	19.50	1:47:07	5:29	13	20:35	167	28:12
Last lap Finish	3.25	19:22	5:57	17	4:32	189	7:17	22.75	2:06:29	5:33	13	25:07	173	34:23