



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Tensi, Klaus

Club: Non-Stop-Ultra Brakel

Number: 281

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:08:05

Speed: 10.31 km/h

Running performance: 5:38 min/km

Rank in course/Total: 215 (of 380)

Rank in course/Men: 90 (of 294)

Best time in course: 1:32:06

Rank in category: 3(of 14)

Best time in the category: 1:35:26

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:07	5:15	5	4:00	163	4:57	3.25	17:07	5:15	5	4:00	163	4:57
Lap 2	3.25	17:05	5:15	5	3:57	151	6:18	6.50	34:12	5:15	5	7:57	153	9:24
Lap 3	3.25	17:35	5:24	5	3:52	163	4:21	9.75	51:47	5:18	5	11:49	153	13:37
Lap 4	3.25	18:06	5:34	5	4:07	175	4:50	13.00	1:09:53	5:22	5	15:56	157	18:14
Lap 5	3.25	19:39	6:02	5	5:43	217	6:12	16.25	1:29:32	5:30	5	21:39	181	24:06
Lap 6	3.25	19:36	6:01	5	5:44	201	6:20	19.50	1:49:08	5:35	5	27:23	185	30:13
Last lap Finish	3.25	18:57	5:49	5	5:16	157	6:52	22.75	2:08:05	5:37	5	32:39	179	35:59