



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

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Club: -

Number: 280

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:08:27

Speed: 10.28 km/h

Running performance: 5:39 min/km

Rank in course/Total: 223 (of 380)

Rank in course/Men: 94 (of 294)

Best time in course: 1:32:06

Rank in category: 17(of 48)

Best time in the category: 1:32:15

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 18:12 | 5:35 | 39 | 5:19 | 221 | 6:02 | 3.25 | 18:12 | 5:35 | 39 | 5:19 | 221 | 6:02 |
| Lap 2 | 3.25 | 17:28 | 5:22 | 29 | 6:41 | 175 | 6:41 | 6.50 | 35:40 | 5:29 | 35 | 10:21 | 201 | 10:52 |
| Lap 3 | 3.25 | 18:01 | 5:32 | 31 | 4:37 | 193 | 4:47 | 9.75 | 53:41 | 5:30 | 35 | 14:58 | 199 | 15:31 |
| Lap 4 | 3.25 | 18:28 | 5:40 | 35 | 5:12 | 195 | 5:12 | 13.00 | 1:12:09 | 5:33 | 35 | 20:10 | 197 | 20:30 |
| Lap 5 | 3.25 | 18:54 | 5:48 | 37 | 5:24 | 199 | 5:27 | 16.25 | 1:31:03 | 5:36 | 33 | 25:34 | 189 | 25:37 |
| Lap 6 | 3.25 | 18:56 | 5:49 | 29 | 5:30 | 177 | 5:40 | 19.50 | 1:49:59 | 5:38 | 33 | 31:04 | 191 | 31:04 |
| Last lap Finish | 3.25 | 18:28 | 5:40 | 27 | 5:08 | 151 | 6:23 | 22.75 | 2:08:27 | 5:38 | 33 | 36:12 | 187 | 36:21 |