



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Schmidt, Hauke

Club: Vorwärts Nordhorn

Number: 310

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:09:29

Speed: 10.54 km/h

Running performance: 5:41 min/km

Rank in course/Total: 231 (of 380)

Rank in course/Men: 98 (of 294)

Best time in course: 1:32:06

Rank in category: 14(of 46)

Best time in the category: 1:41:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:06	5:34	31	4:40	211	5:56	3.25	18:06	5:34	31	4:40	211	5:56
Lap 2	3.25	18:27	5:40	33	4:59	225	7:40	6.50	36:33	5:37	33	9:39	221	11:45
Lap 3	3.25	18:15	5:36	31	3:44	213	5:01	9.75	54:48	5:37	33	13:23	225	16:38
Lap 4	3.25	18:14	5:36	29	3:34	179	4:58	13.00	1:13:02	5:37	31	16:25	205	21:23
Lap 5	3.25	18:25	5:40	29	3:40	181	4:58	16.25	1:31:27	5:37	29	19:56	199	26:01
Lap 6	3.25	18:44	5:45	27	3:29	169	5:28	19.50	1:50:11	5:39	29	23:25	195	31:16
Last lap Finish	3.25	19:18	5:56	23	4:20	185	7:13	22.75	2:09:29	5:41	27	27:45	195	37:23