



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Schumann, Bolko

Club: Eisenacher Leichtathletikverein

Number: 306

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:11:20

Speed: 10.05 km/h

Running performance: 5:46 min/km

Rank in course/Total: 239 (of 380)

Rank in course/Men: 101 (of 294)

Best time in course: 1:32:06

Rank in category: 15(of 46)

Best time in the category: 1:41:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	18:00	5:32	29	4:34	207	5:50	3.25	18:00	5:32	29	4:34	207	5:50	
Lap 2	3.25	17:49	5:28	31	4:21	195	7:02	6.50	35:49	5:30	29	8:55	209	11:01	
Lap 3	3.25	18:23	5:39	33	3:52	219	5:09	9.75	54:12	5:33	31	12:47	205	16:02	
Lap 4	3.25	18:50	5:47	31	4:10	207	5:34	13.00	1:13:02	5:37	31	16:25	205	21:23	
Lap 5	3.25	19:05	5:52	31	4:20	203	5:38	16.25	1:32:07	5:40	33	20:36	209	26:41	
Lap 6	3.25	19:20	5:56	29	4:05	193	6:04	19.50	1:51:27	5:42	31	24:41	201	32:32	
Last lap Finish	3.25	19:53	6:07	27	4:55	201	7:48	22.75	2:11:20	5:46	29	29:36	201	39:14	