



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Weiß, Susi

Club: SV Birkenhard

Number: 234

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:13:32

Speed: 9.89 km/h

Running performance: 5:52 min/km

Rank in course/Total: 243 (of 380)

Rank in course/Women: 20 (of 86)

Best time in course: 1:41:23

Rank in category: 6(of 26)

Best time in the category: 2:00:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:05	5:52	19	3:04	59	4:15	3.25	19:05	5:52	19	3:04	59	4:15
Lap 2	3.25	18:30	5:41	11	1:48	41	5:42	6.50	37:35	5:46	11	4:38	45	9:47
Lap 3	3.25	18:39	5:44	11	1:27	43	4:11	9.75	56:14	5:46	11	6:01	43	13:58
Lap 4	3.25	18:47	5:46	11	1:17	39	4:08	13.00	1:15:01	5:46	11	7:18	41	18:06
Lap 5	3.25	19:01	5:51	11	1:27	37	4:16	16.25	1:34:02	5:47	11	8:31	41	22:22
Lap 6	3.25	19:36	6:01	11	1:58	39	4:43	19.50	1:53:38	5:49	11	10:29	39	27:05
Last lap Finish	3.25	19:54	6:07	13	3:01	41	5:04	22.75	2:13:32	5:52	11	13:16	39	32:09