



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Blom, Eli

Club: Amersfoort (Holland)

Number: 207

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:14:18

Speed: 9.83 km/h

Running performance: 5:54 min/km

Rank in course/Total: 247 (of 380)

Rank in course/Men: 104 (of 294)

Best time in course: 1:32:06

Rank in category: 20(of 54)

Best time in the category: 1:43:43

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:45	5:46	47	4:38	249	6:35	3.25	18:45	5:46	47	4:38	249	6:35
Lap 2	3.25	18:36	5:43	45	4:29	231	7:49	6.50	37:21	5:44	43	9:07	231	12:33
Lap 3	3.25	18:33	5:42	43	3:57	223	5:19	9.75	55:54	5:44	43	12:59	229	17:44
Lap 4	3.25	19:09	5:53	41	4:18	215	5:53	13.00	1:15:03	5:46	41	17:17	227	23:24
Lap 5	3.25	19:37	6:02	37	4:23	213	6:10	16.25	1:34:40	5:49	41	21:33	227	29:14
Lap 6	3.25	19:45	6:04	37	4:45	205	6:29	19.50	1:54:25	5:52	39	26:05	221	35:30
Last lap Finish	3.25	19:53	6:07	33	5:15	201	7:48	22.75	2:14:18	5:54	39	30:35	207	42:12