



# 9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

## Detailed evaluation

**Luda, Bernd**

Club: Karlsruhe

Number: 231

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:16:12

Speed: 9.69 km/h

Running performance: 5:59 min/km

Rank in course/Total: 257 (of 380)

Rank in course/Men: 107 (of 294)

Best time in course: 1:32:06

Rank in category: 16(of 46)

Best time in the category: 1:41:44

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:55	5:12	23	3:29	147	4:45	3.25	16:55	5:12	23	3:29	147	4:45
Lap 2	3.25	17:19	5:19	27	3:51	165	6:32	6.50	34:14	5:15	27	7:20	155	9:26
Lap 3	3.25	17:44	5:27	29	3:13	169	4:30	9.75	51:58	5:19	27	10:33	157	13:48
Lap 4	3.25	19:27	5:59	33	4:47	219	6:11	13.00	1:11:25	5:29	29	14:48	187	19:46
Lap 5	3.25	20:39	6:21	37	5:54	243	7:12	16.25	1:32:04	5:39	31	20:33	207	26:38
Lap 6	3.25	21:59	6:45	37	6:44	247	8:43	19.50	1:54:03	5:50	33	27:17	213	35:08
Last lap Finish	3.25	22:09	6:48	39	7:11	239	10:04	22.75	2:16:12	5:59	31	34:28	213	44:06