



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Scholze, Uwe

Club: Turbine Halle

Number: 349

Course: 22.75 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:16:14

Speed: 10.02 km/h

Running performance: 5:59 min/km

Rank in course/Total: 259 (of 380)

Rank in course/Men: 108 (of 294)

Best time in course: 1:32:06

Rank in category: 9(of 32)

Best time in the category: 1:41:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:08	5:16	13	2:08	167	4:58	3.25	17:08	5:16	13	2:08	167	4:58
Lap 2	3.25	17:59	5:31	15	5:11	207	7:12	6.50	35:07	5:24	15	7:19	183	10:19
Lap 3	3.25	19:09	5:53	21	4:41	235	5:55	9.75	54:16	5:33	15	12:00	209	16:06
Lap 4	3.25	19:39	6:02	25	5:00	231	6:23	13.00	1:13:55	5:41	19	17:00	219	22:16
Lap 5	3.25	20:52	6:25	27	6:08	251	7:25	16.25	1:34:47	5:49	21	23:08	229	29:21
Lap 6	3.25	20:44	6:22	27	5:51	233	7:28	19.50	1:55:31	5:55	21	28:59	223	36:36
Last lap Finish	3.25	20:43	6:22	21	5:53	221	8:38	22.75	2:16:14	5:59	17	34:52	215	44:08