



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Hoerster, Lothar

Club: restless legs

Number: 259

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:20:32

Speed: 9.39 km/h

Running performance: 6:11 min/km

Rank in course/Total: 283 (of 380)

Rank in course/Men: 118 (of 294)

Best time in course: 1:32:06

Rank in category: 21(of 54)

Best time in the category: 1:43:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	16:46	5:09	31	2:39	135	4:36	3.25	16:46	5:09	31	2:39	135	4:36
Lap 2	3.25	17:29	5:22	29	3:22	177	6:42	6.50	34:15	5:16	27	6:01	157	9:27
Lap 3	3.25	18:45	5:46	45	4:09	227	5:31	9.75	53:00	5:26	33	10:05	181	14:50
Lap 4	3.25	20:09	6:11	45	5:18	245	6:53	13.00	1:13:09	5:37	39	15:23	215	21:30
Lap 5	3.25	21:04	6:28	47	5:50	257	7:37	16.25	1:34:13	5:47	39	21:06	223	28:47
Lap 6	3.25	23:29	7:13	49	8:29	271	10:13	19.50	1:57:42	6:02	43	29:22	231	38:47
Last lap Finish	3.25	22:50	7:01	39	8:12	247	10:45	22.75	2:20:32	6:10	41	36:49	235	48:26