



# 9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

## Detailed evaluation

**Nidermajer, Sigfrid**

Club: Köln

Number: 284

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:24:31

Speed: 9.13 km/h

Running performance: 6:21 min/km

Rank in course/Total: 293 (of 380)

Rank in course/Men: 122 (of 294)

Best time in course: 1:32:06

Rank in category: 4(of 14)

Best time in the category: 1:35:26

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:35	6:01	9	6:28	273	7:25	3.25	19:35	6:01	9	6:28	273	7:25
Lap 2	3.25	20:03	6:10	11	6:55	263	9:16	6.50	39:38	6:05	9	13:23	265	14:50
Lap 3	3.25	19:55	6:07	9	6:12	249	6:41	9.75	59:33	6:06	9	19:35	261	21:23
Lap 4	3.25	20:15	6:13	9	6:16	249	6:59	13.00	1:19:48	6:08	9	25:51	251	28:09
Lap 5	3.25	20:48	6:24	7	6:52	249	7:21	16.25	1:40:36	6:11	9	32:43	257	35:10
Lap 6	3.25	21:54	6:44	9	8:02	245	8:38	19.50	2:02:30	6:16	9	40:45	257	43:35
Last lap Finish	3.25	22:01	6:46	7	8:20	237	9:56	22.75	2:24:31	6:21	7	49:05	243	52:25