



9. Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2015

Detailed evaluation

Köbelin, Gunter

Club: VfL Wampenhausen

Number: 374

Course: 22.75 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:24:54

Speed: 9.11 km/h

Running performance: 6:22 min/km

Rank in course/Total: 297 (of 380)

Rank in course/Men: 124 (of 294)

Best time in course: 1:32:06

Rank in category: 21(of 46)

Best time in the category: 1:32:38

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:00	5:50	41	6:18	257	6:50	3.25	19:00	5:50	41	6:18	257	6:50
Lap 2	3.25	18:28	5:40	37	6:14	227	7:41	6.50	37:28	5:45	39	12:32	233	12:40
Lap 3	3.25	19:06	5:52	37	5:52	233	5:52	9.75	56:34	5:48	37	18:24	235	18:24
Lap 4	3.25	21:19	6:33	41	7:50	263	8:03	13.00	1:17:53	5:59	39	26:14	239	26:14
Lap 5	3.25	21:05	6:29	41	7:18	259	7:38	16.25	1:38:58	6:05	39	33:32	243	33:32
Lap 6	3.25	22:37	6:57	39	9:21	265	9:21	19.50	2:01:35	6:14	41	42:37	253	42:40
Last lap Finish	3.25	23:19	7:10	39	11:14	251	11:14	22.75	2:24:54	6:22	41	52:16	247	52:48